

Quick Meat Loaf

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Perfect for those nights when you are in a rush to get dinner on the table, this meatloaf recipe takes just minutes to prepare. Microwave this meatloaf recipe for a hearty and delicious meal that's ready before you know it.

Ingredients:

1 lb ground beef
1 egg
1/2 c. bread crumbs
2 Tbsp onion soup mix
2 Tbsp ketchup
2 Tbsp soy sauce
1/2 c. shredded Swiss cheese
1/4 c. milk

Directions:

1. In large bowl combine onion soup mix, ketchup, egg and milk. Beat to combine. Add beef, bread crumbs, and cheese and mix to combine using hands.
2. Shape into oval loaf or desired shape. Place in microwave dish and cover with waxed paper. Microwave on high for 10 minutes, turning halfway through.
3. Drain and cover with foil. Let stand 10 minutes before serving.

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